**UP 591: Capstone Seminar**

**Monthly Capstone Update Template**

**Student Name:**

**Project / Thesis Title:**

**Monthly Update**

*For each month, copy and paste the monthly update prompts, retaining your answers from the prior months. This document becomes a forensic account of your Project or Thesis progress.*

**Month:**

**Goals from last month:**

*Recap the goals you described in your last update. If this is your first update, please record goals from last month as NA (not applicable).*

**Progress update:**

*Provide an update on your progress towards each of the goals you described as well as any other progress, meetings, or significant actions taken since your last update.*

**Challenges and requests for assistance:**

*Describe any anticipated or unanticipated challenges you are facing or requests for assistance you have either for the UP 591 instructor or for your capstone adviser. If there are particular resources or guidance you need to address these challenges, please list them.*

**Goals for next month:**

*Describe the goals you are setting for the next month as well as related benchmarks for these goals.*